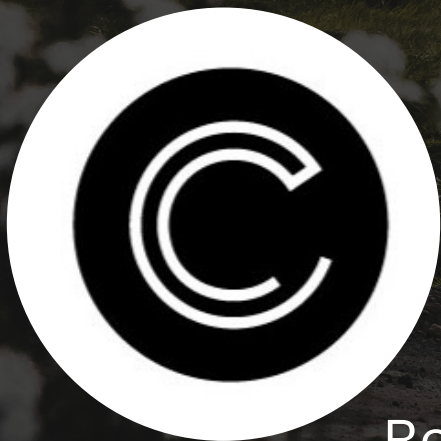




# Independant *Living*

(Home Care and Community Access)



**CASA**  
Community

Registered Provider

# Overview

In-home care services provide support to individuals who require assistance with daily activities but prefer to stay in the comfort of their own homes. These services are tailored to meet the needs of seniors, individuals with chronic illnesses, disabilities, or those recovering from surgeries, enabling them to maintain independence and improve their quality of life. The main categories of in-home care services include:





**OUR**

# SERVICES

## 1. Personal Care Services

These services assist with basic personal needs and activities of daily living (ADLs), such as:

- ***Bathing and Hygiene:***

Assistance with bathing, grooming, and other personal hygiene tasks.

- ***Dressing:***

Helping individuals dress and undress.

- ***Mobility Assistance:***

Aid with walking, transferring from bed to wheelchair, and preventing falls.

- ***Toileting and Continence Care:***

Support with using the bathroom and managing incontinence.

## 2. Companion Services

These services focus on providing emotional support and companionship, including:

- ***Social Interaction:***

Engaging in conversations, playing games, and accompanying clients on outings.

- ***-Transportation:***

Assistance with getting to and from appointments, social events, and other activities.

- ***-Household Tasks:***

Light housekeeping, meal preparation, and laundry.

## 3. Community Access Services

These services are designed to help individuals participate in community activities and maintain an active lifestyle:

- ***Social and Recreational Activities:***

Accompanying clients to community centers, social clubs, and recreational activities.



- ***Errand Assistance:***

Helping with grocery shopping, visiting the post office, and other errands.

- ***Community Events:***

Assisting clients in attending local events, cultural activities, and religious services.

## **4. Transport Services**

These services ensure that clients have reliable transportation to various destinations, enhancing their mobility and independence:

- ***Medical Appointments:***

Safe and timely transportation to and from medical and therapy appointments.

- ***Personal Errands:***

Driving clients to run personal errands, such as grocery shopping and banking.

- ***Social Outings:***

Providing transportation for social visits, community activities, and recreational outings.



# Benefits

- 1. Personalized Care:** Services are tailored to the individual's specific needs and preferences.
- 2. Comfort and Familiarity:** Clients remain in their own homes, surrounded by familiar environments and routines.
- 3. Enhanced Quality of Life:** Improved emotional well-being through companionship and social interaction.
- 4. Cost-Effective:** Often less expensive than long-term care facilities or hospitals.
- 5. Independence and Autonomy:** Clients retain a sense of control over their lives and daily activities.



# CASA'S

## *Guarantee*

We provide skilled and compassionate support workers who are dedicated to enhancing the well-being and independence of our clients. Our support workers are handpicked to suit our brand and meet our high standards of care. Each support worker has:

- Relevant Qualifications: Certified training and education in relevant fields of care.
- Comprehensive Checks: Thorough background checks, including criminal record checks and references.
- Experience: Proven experience in providing care and support in home settings.

# Conclusion

In-home care services play a crucial role in supporting individuals who need assistance while allowing them to live independently and comfortably at home. By addressing a wide range of needs, from basic personal care to community access and transport services, our qualified and experienced support workers provide a valuable alternative to institutional care settings, ensuring clients lead fulfilling lives in their own homes.

**BE STRONG. LET'S LOOK OUT FOR ONE ANOTHER.**



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## Contact Us

If you have any questions or need assistance, please contact our support team at 1800 18 2272 or email us [info@casacommunity.com.au](mailto:info@casacommunity.com.au)

Thank you for choosing Casa Community. Together, we can make a difference!

Best regards,  
Team Casa Community